

Pricing and Service Description

Premium Recovery Pricing

Single-Premium Recovery treatment (with Body Technician).....\$95

Premium Recovery Membership Pricing (With Body Technicians ONLY)

Copper Membership (2 Premium Recovery sessions/month).....\$160
Limited to one member

Silver Membership (4 Premium Recovery sessions/month).....\$300
Limited to one member

Couples' Membership (6 Premium Recovery sessions/month).....\$480
Limited to couples in a relationship (2 individuals)

Platinum Membership (10 Premium Recovery sessions/month).....\$700
Limited to immediate family members only

Chiropractic Pricing

Chiropractic Initial Assessment.....\$150

Chiropractic Follow-up.....\$150

Premium Recovery Treatment Description

This service is with a Body Technician.

This 1-hour treatment is designed to help reduce muscle soreness and increase range of motion. The service is *not intended to treat specific injuries*, however, it can be effectively utilized to optimize recovery. This in turn allows clients to train at higher intensity while mitigating the chances of sustaining an injury. **This 1/hr service includes** Electronic Muscle Stimulation, Cupping, Scraping, Sports Massage, Percussion Therapy, and Normatec Compression Therapy.

Chiropractic Treatment Description

This service is with a Chiropractor.

Our Chiropractic protocols specialize in the diagnosis and treatment of sports/athletic performance-related injuries. Our evidence-based approach is also designed to help ameliorate everyday injuries involving the muscle and skeletal systems. We develop customized treatment protocols to help facilitate injury prevention and rehabilitation. **This 1/hr service includes** Electronic Muscle Stimulation, Cupping, Scraping, Sports Massage, Percussion Therapy, and an adjustment if deemed necessary.